



Cancellation/No-Show Policy

Appointments are scheduled directly with your therapist at a day and time agreed upon by both parties. A recurring day and time may be available if discussed, but cannot always be guaranteed. Payments for each appointment can be made through the identified platform by debit card or ACH transfer. All appointments are 55 minutes, unless otherwise discussed and agreed upon. Additional fees may be incurred for longer sessions.

My current rates for self-pay and no-show/late cancellations are as follows, unless otherwise discussed and agreed upon in writing:

Individual Therapy

- Intake: \$155
- Follow-up/Ongoing: \$135

You may cancel appointments in advance free of charge, provided you give me at least 24 hours' notice. Appointments cancelled within 24 hours of the session start time will be marked as "late cancelled," and you, the client, will be responsible for the full session fee (see above for fees). Appointments cancelled prior to the 24-hour mark will incur no charge. Therapists reserve the right to terminate the therapeutic relationship if clients frequently cancel or no-show appointments.

For appointment no-shows, you will be charged the full session fee (see above for fees, unless an alternate fee has been agreed on in writing). To cancel, please contact your therapist directly via text message or phone call at 727-354-8020 for timely cancellation.

If you are utilizing insurance, insurance companies will not cover the cost of late cancellations or no-show fees, and you, the client, will be responsible for all accrued cancellation/no-show fees. If your card is declined for session fees or late cancellation/no-show fees, I reserve the right to postpone or discontinue continued services until all outstanding balances are paid. Balances not paid in a timely manner may result in termination and/or further collection actions.

While rare, if for any reason I must cancel the session, I will provide as much notice as possible, and no fee will be incurred for you, the client. I will do my best to assist with rescheduling you in a timely manner.

Please note, the therapist maintains the discretion to waive the cancellation fee for specific emergencies. Work conflicts, failure to monitor your schedule, and inability to meet



expectations of privacy and safety in session (e.g. driving during session, etc.) do not warrant waiving of the fee.